



## IHMM Credential Recertification

The first activity claim type on the chart <https://ihmm.org/recertification-claims/> has a lot of parts to unpack. Let's break this one down bit by bit to help you understand it all.

**Attending a seminar, webinar, workshop, initial or refresher training, official training, or exercise drill.**

**Score Value:** 1 Certification Maintenance Point (CMP) per contact hour.

**How the scoring works:** Each claimed activity must be *at least* 1 Hour of Contact Time.

Contact Time is only the instructional/learning time. Meal and other breaks are not included as Contact Time towards CMP credit.

**What that means:** This activity claim is about going to and completing different activities.

They can be employer-provided activities, activities outside of work, in-person, or online. Here are some definitions and examples.

- Seminars- These can be lectures, meetings, panels, community forums, and similar activities whose subject relates to one or more areas of the Recertification Blueprint.
- Webinars- Any online course\* with a subject that relates to one or more areas of the Recertification Blueprint.
- Initial Training- Training courses\* relating to one or more areas of the Recertification Blueprint that are not necessarily recurring in nature.
- Refresher Courses- Any recurring training courses\* relating to one or more areas of the Recertification Blueprint such as; OSHA recurring courses, DOT recurring courses, In-House Safety Courses, Technical and Procedural Update Training.
- Official Training- Corporate, Industry, Local, State, Federal, or otherwise mandated training courses\* relating to one or more areas of the Recertification Blueprint.
- Training Exercises & Drills-Activities such as disaster preparedness simulations and training courses\*, facility shutdown drills, and any similar activities\* including planning and reporting of those activities that would relate to one or more areas of the Recertification Blueprint.

\*As long as the instructional course, training, seminar, or activity you want to claim is one hour or longer and relates to one or more areas of the Recertification Blueprint, you can legitimately record and score the activity claim.

We hope this guide helps you understand how to record and score your activity claims more easily.

This next claim on the chart is one that tends to confuse a LOT of certificants, so we'll break it down to be more digestible.

### **Attending a conference and in-conference technical sessions.**

**Score Value:** 1 Certification Maintenance Point (CMP) per contact hour. You may claim a maximum of 5 CMPs per day, and 20 CMPs per conference.

**How the scoring works:** This one works a little differently than most it contains two parts that may seem the same but are very different things.

The first part:

- **Attending a Conference and Attending In-Conference Technical Sessions** – You may claim up to 5 CMPs per day for a total of 20 CMPs per conference. This pertains to any conference sponsored activities\* within the scheduled conference day(s).

Is pretty straightforward.

The second part is what some people miss:

- **Pre- and post-conference sessions and workshops may be claimed separately under** [Attending a seminar, webinar, workshop, initial or refresher training, official training, or exercise drill].

**What that means:** Activities\* that take place around, but are not officially part of, a conference can be claimed separately as a different activity type.

Meaning any activities\* that take place before, after, or outside of conference hours can also be claimed separately at 1 Certification Maintenance Point (CMP) per contact hour.

Those outside activities act like any other **Attending a seminar, webinar, workshop, initial or refresher training, official training, or exercise drill** as a separate activity claim.

Those (second part) activities\* are separate independent of the conference, and outside of conference attendance (first part) CMP cap restrictions.

*\*As long as the instructional course, training, seminar, or activity you want to claim is one hour or longer and relates to one or more areas of the Recertification Blueprint, you can legitimately record and score the activity claim.*

We hope this guide helps you understand how to record and score your activity claims more easily.

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