



## 2024 NOMINATION FOR IHMM BOARD OF DIRECTORS ELECTION

Please ensure that you are using the latest version of [Adobe Reader](#) to fill out this form.  
For terms beginning January 1, 2025 IHMM's Board has one [1] position available. **One CHMM** that must come from among the CHMM credential holders.

**Self-nomination is acceptable.**

Name of Nominee: Benjamin L. Frizzell, MPH CIH CSP CHMM

Certification number: 16672

What IHMM certification(s) does the nominee hold?

CHMM

Has the nominee been contacted to confirm their willingness to serve? (Check one)  Yes  No

Nominee's E-mail: benjamin.frizzell@bnsf.com

Nominee's Daytime Phone: 303.378.7399

Nominee's Position Title and Industry/Professional Sector: Manager, Industrial Hygiene - Transportation


Nominee's Employer: BNSF Railway

Nominee's Work Address: 80 44th Ave NE, Minneapolis, MN 55421

**NOTE: This information will be made public so take care with what you print above.**

*This form must be signed to be considered complete. Electronic signatures are acceptable and encouraged. If you cannot sign or otherwise fill out the form electronically, please print and scan a completed and signed version of the form for submission.*

*By submitting this form, I acknowledge that all information required by this form (entered here or otherwise submitted) is deemed to be a part of this nomination. I attest to the truthfulness of all information submitted.*

Nominator's Signature: 

Date: 06/26/2024

**Please inform the nominee of your nomination before submitting the form.**

Nominator's Name: Self - B L Frizzell

Certificate#: 16672

E-mail address: benjamin.frizzell@bnsf.com

Daytime Phone: 303.378.7399



Accredited by the ANSI National Accreditation Board and the Council of Engineering and Scientific Specialty Boards



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## NOMINEE QUALIFICATIONS

*Please describe below the reasons you think the nominee would make a good IHMM Board Member. Include anything that highlights the individual's qualifications, such as service on standards committees, volunteer service or leadership positions in other organizations, etc.*

As I enter into the most effective years of my professional credential development, I strive to continue to grow the vast opportunities for all professionals across the spectrum of environmental, health, and safety. Through my experiences in graduate school, my career path, and professional development through courses, both specific to IHMM and other credentials, I feel that now is my best time to make a difference for those that follow in my footsteps.

*Please describe below what the nominee hopes to accomplish as a Board Member at IHMM. This could include policy or project proposals, leadership in certain areas, or other contributions the nominee sees him or herself making in the governance of the Institute.*

My hope is to continue to promote the credentials of IHMM within a professional's overall development and to strive to streamline those process of IHMM and other EHS credentialing agencies to create the well-rounded, competent EHS professional.

*Please describe below any civil or criminal litigation, state or federal agency enforcement actions, or other governmental or quasi-governmental enforcement actions taken against you or with which you have been involved. Include the nature of the action and your role in it either specifically against you as an individual or against a board or committee of which you were a part.*

None, to my knowledge.

With this form, please submit a **current resume** (five-page maximum) including education, work experience and professional affiliations.

In addition, please submit a **half-page bio** summarizing job history and education. In signing then submitting this form you are also agreeing to an IHMM Nominating Committee background check as a further condition of being considered to serve on the IHMM Board.

**Please submit the completed nominations form to Eugene A. Guilford, Jr., Staff Liaison to the IHMM Nominating Committee, at [gguilford@ihmm.org](mailto:gguilford@ihmm.org).**

## Professional

### Manager of Industrial Hygiene for BNSF Railway (2022 to current)

Ensure proper monitoring of employees for various industrial hygiene health concerns across 14+ states; managing exposure controls and responding to concerns of employees. Management of exposure related areas, including remediation of mold, biohazard, ACM, nuisance wildlife, dust, BBP, and EMF.

### Health and Safety Supervisor for CTEH (2018-2022)

Ensure proper monitoring and management of hazards for contractor and community safety following environmental incidents.

### QEHS Supervisor for Stella-Jones Corp (2015-2018)

Ensure all applicable federal and state EHS regulations are fulfilled; manage worker's comp, yearly exams, EHS expenses; perform internal and regional audits; investigate QEHS incidents; and ensuring AAR M-1003 QA certification.

### Chemist for Molex (2010-2014)

Analysis via ICP-AES, UV-Vis, ED-XRF, SEM, and wet titrations.

## Education

### MPH in Environmental and Occupational Health from Univ. Arkansas for Medical Sciences (2009-2012)

Study: Exposure Assessment and Control, Toxicology, and Regulatory Science; Thesis: HazMat emergency response

### BS in Biology and Chemistry from Univ. of Central Arkansas (2003-2008)

Study: Fire controlled ecology and amino acid synthesis

## Achievements and Certifications



**Certified Industrial Hygienist (2021)**  
#CIH-CP 12534



**FEMA First Responder (2014)**  
NIMS 100, 200, 700, 800, 300, 400



**Certified Safety Professional (2019)**  
#CSP-35403



**BSA Eagle Scout (1999)**  
78 Merit Badges



**Certified Hazardous Materials Manager (2014)**  
#16672



**PADI Diver (2011)**  
Advanced Open Water