



Certified Safety and Health Manager™ [CSHM™]

Study Guides

The questions that appear on the CSHM examination are written by subject matter experts, and every question is supported by a published reference. The following is a list of references that were frequently used during the development of the CSHM examination. This is not intended as a comprehensive list of all materials available to CSHM candidates and should not be intended as a guaranteed means of passing the exam. Candidates are also strongly advised to become familiar with industry regulations, standards, and practices in preparing for the CSHM certification examination.

1 CFR 18.12
29 CFR 1904 Recordkeeping
29 CFR 1910 subparts B, D, E, H, I, J, L, N, P, S, Z
29 CFR 1926 subparts C, F, I, P, R, X, Z
30 CFR 57
49 CFR 172
ACGIH 2022 TLVs and BEIs
Advanced Safety Management. Fred A. Manuele 2008 Wiley
ANSI B11.3-2022 Safety Requirements for Power Press Brakes

ANSI Z133 Arboricultural Operations Safety Requirements
ANSI/ASSP Z10.0-2019 Occupational Health and Safety Management Systems
ANSI/ASSP Z16.1-2022 safety and health metrics and performance measures
ANSI/ASSP Z359 fall protection and fall restraint
ASSP GM-Z10.100 2019 Guidance and Implementation Manual for ANSI/ASSP Z10 2019 Occupational Health and Safety Management Systems
BLS Census of Fatal Injuries
Clean Water Act of 1972
Developing an Effective Safety Culture A Leadership Approach, 2002 Roughton, J.E., Mercurio, J.J.,
Emergency Medical Journal, 2007 April. 24(4), pgs. 237-238
Handbook of Indoor Air Quality Springer Link 2021 Editors: Yinping Zhang, Philip K. Hopke, Corinne Mandin
https://asq.org/quality-resources/mistake-proofing
https://www.assp.org/standards/standards-development
https://fit2wrk.com/wp-content/uploads/2015/08/ARTICLE_Fit2wrk_ClinicalEd_vol1-07.pdf
https://ohsonline.com/Articles/2021/08/02/Communication-Insights-for-Supervision-and-Safety.aspx?Page=3
https://www.assp.org/news-and-articles/10-proven-methods-for-delivering-feedback-as-a-safety-manager
https://www.google.com/search?q=Hazardous+materials+table+with+pictograms&rlz=1C1CHBF_enQA991QA991&sxsrf=ALiCzsYFxpHBqKXCksCOUe5DvJQ0WS7Xg:1657789451554&tbm=isch&source=iu&ictx=1&vet=1&fir=3CG6yrY60wAC0M%252C2m08HFBWINYj8M%252C%253BibuxA1uwc8a5zM%252CdyxIP2zop6f3M%252C%253BKJmf356ygiWqwM%252C0w1TL17g8jEt8M%252C%253BMojuNaeSr2vVRM%252C0w1TL17g8jEt8M%252C%253BA19nGHFly0fbM%252C0w1TL17g8jEt8M%252C%253BLx3y7gdGm5zpM%252CDOQPdQz6NrE42M%252C%253BD8HtLxYlr0jrM%252CbTYOFGTLu409aM%252C%253B3AQ7RIhhy4Clom%252CFzCUz3ENLzPcwM%252C%253B7fc-oh6U-U01jM%252CxTHxXO8YOffjgM%252C%253BrafvGWY6Gfk8fM%252CBdUIBTM5XhVM%252C&usg=AI4-kTwBlyaxtND7v8lq1ys3bunHc8ag&sa=X&ved=2ahUKEwjj7z6gvj4AhU3q4kEHVcKCcwQ9QF6BAgkEAE
https://www.hbsinostar.com/news/ladder-safety-for-electrical-work-47360525.html
https://www.hseblog.com/the-reasons-benefits-of-investigating-the-accidents-incidents/
IBP, Inc. v. Alvarez, 546 U.S. 21 (2005) at https://www.safetynewsalert.com/pay-workers-for-donningdoffing-safety-gear-scotus-decides/
Industrial Safety and Health Management 7th edition Asfahl/Rieske
ISO 14001
ISO 25001, 25002
ISO 31000

ISO 45001
NFPA codes 3, 4, 10, 13, 70
NIOSH (42 CFR 84)
NIOSH Pocket Guide to Chemical Hazards 3rd Printing DHHS (NIOSH) Publication Number 2005-149
OSHA ACT of 1970
OSHA Publication 3885 Recommended Practices for Safety and Health Programs - Page 11
Safety Professional Reference and Study Guide by Yates
www.OSHA.gov see the topic list below

www.OSHA.gov

Assess training needs
Below the hook-lifting devices
Better safety conversations
Consultation
Hazcom guidance
Incident investigation
Lead
Leading indicators
Machine guarding
Multi-employer worksite
PELs
Preambles
Quiz
Recording injuries and illnesses
Safety management
Sampling and analysis
Soil classification
Variance program